

TRICARE Europe

Release

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Postal Weight Restriction for Overseas Retirees Lifted for TRICARE Mail Order Prescriptions

Retirees who reside overseas can now receive prescription drugs at their APO address via the TRICARE Mail Order Pharmacy (TMOP) program in packages that weigh over 16 ounces.

As of May 21, the weight limit imposed on retiree mail received through U.S. military post offices in theater no longer applies to TMOP prescription drugs. The 16-ounce limit remains in place for other types of packages.

This exception allows retirees overseas to order and receive 90-day supplies of prescription drugs. Larger prescription orders are generally more economical and convenient for many TMOP customers.

Postal personnel have been instructed on the new rule. Packages of prescription drugs received from "Express Scripts, Inc. (ESI)," the sole supplier of prescription drugs for the TMOP, will be forwarded to retiree APO addresses regardless of weight.

For additional information about this new policy, retirees may contact their local community post office.

Beneficiaries may check the status of new or refill prescription orders anytime at www.express-scripts.com or by calling (866) DoD-TMOP (there is no toll-free number for overseas customers).

TMOP deliveries for locations outside of the U.S. require about 7 days to process, but may take longer for some overseas locations.

For more information about the TMOP program, beneficiaries may visit www.tricare.osd.mil/pharmacy or contact their local TRICARE Service Centers and military pharmacies in Europe.

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